



Spring CARA Programs

Starting in April 2017

Dates & Times to be confirmed



Martial Arts – All Ages



Walking/Running Group

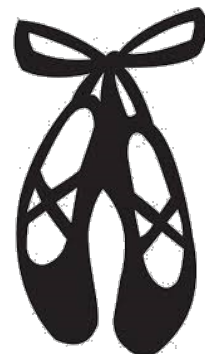
Monday, Wednesday & Fridays
@ 12 pm to 2 pm

classroomclipart.com

Couch to 5 K program – All Ages



Ballet Saturdays @ 11 am to
2 pm at Community Centre



Archery – All Ages

Registration night
will be hosted for members
to sign up. Date to be announced.



For more info, contact Mindy 705-657-3432