

A message from our
Community
Health Nurse...



Stay healthy this FLU season!

- Wash your hands
- Cover your cough
- Stay home when sick

Get your
Flu
Shots



For more information, please contact:

Althea Whetung, RN.

Community Health Nurse

Curve Lake Health Centre

705-657-2557

altheawhetung@curvelakehealthcentre.com