

GETSIINYAG

EVERYONE 55 YRS. OR OLDER WELCOME



FEBRUARY
IS
Heart Month!



Please join us for a Lunch & Learn about heart friendly nutrition, presented by our CHN Alisa Pierson!

When: Tuesday February 24, 2015 at 12:00pm

Where: Health Centre

Please call Joanne at the Health Centre 705-657-2557 to sign up.

As stated in the Activities and Events Participation Policy, this program is for Curve Lake First Nation Members.



happy heart
health month!

