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# PASSPORT FOR WELLNESS

*GETSIINYAG - Everyone 55 years and older welcome!*

Thursday January 19<sup>th</sup> 2017

12:00 PM at the Community Centre



Passport  
For Wellness

***Please join us for the introduction to the “Passport For Wellness” Program in partnership with Mindy Knott and the CARA Program. We will be serving lunch followed by a virtual trip around the world to do some exciting activities to keep your mind and body healthy! Pack your imaginary bags and call Joanne for more information!***

***(705) 657-2557***