

## **HOME ALONE & BABYSITTERS COURSE**



**DESCRIPTION:** This course is designed for children aged 10-14 years of age, to help prepare them to deal with unforeseen emergencies and staying safe in times where they may find themselves alone for short periods of time. Ideally, children should be supervised at all times by a responsible adult. However, many common events and situations can result in short periods where a child must take on the responsibility for themselves. St. John Ambulance believes that youth who are well prepared for the unexpected, will more confidently handle an emergency and be safer as a result.

Children will learn how to deal with phone calls and visitors, recognize hazards and follow home safety procedures, healthy eating, fire safety and how and when to use 911 to obtain emergency help.

Children will also learn the skills necessary to care for infants, toddlers and pre-schoolers. It emphasizes safety, dealing with emergencies and first aid basics. Course materials include; a student activity book, a certificate suitable for framing, and a wallet-size certificate.

**WHEN:** SATURDAY APRIL 2<sup>ND</sup>, 2016

**WHERE:** CURVE LAKE HEALTH CENTRE

**TIME:** 8:30 AM – 3:30 PM

**COST:** FREE TO CURVE LAKE FIRST NATION STATUS MEMBERS

**LUNCH WILL BE SERVED**

**PLEASE CALL THE HEALTH CENTRE TO SIGN UP, 657 2557.**