



*In partnership, we have come together to offer a*

**BREASTFEEDING PEER TO PEER SUPPORT**

**BREAKFAST DROP IN GROUP**



**WHETHER YOU ARE OR YOU AREN'T CURRENTLY BREASTFEEDING,  
WE WOULD LOVE TO HEAR OF YOUR EXPERIENCES!!**

**COME ON OUT FOR A HOT BREAKFAST  
AND A TIME FOR YOU ALL TO COME TOGETHER!!**

**WHEN: DROP IN BREAKFAST GROUP WILL BE ON NOVEMBER 17<sup>TH</sup>  
AND CONTINUE THEREAFTER ON THE SECOND TUESDAY  
OF EVERY MONTH**

**TIME: 9:30 AM – 11:00 AM (THIS IS A DROP IN GROUP,  
SO PLEASE FEEL FREE TO COME AND GO AS YOU PLEASE)**

**WHERE: CURVE LAKE HEALTH CENTRE**

**THE GROUP WILL BE FACILITATED BY MELISANDE NEAL, WHO IS A LA  
LECHE LEADER AND IS ALSO A REGISTERED BREASTFEEDING CONSULTANT.**

**ANY QUESTIONS, PLEASE CALL THE HEALTH CENTRE AT 657-2557.**