

Life Skills Class

FOR: YOUTH AGED 8-12

WHEN: MONDAY EVENINGS

DATES:

February 9th & 23rd

March 2nd, 9th & 30th

April 13th, 20th & 27th

TIME: 5:00 pm – 6:30 pm

WHERE: Family Resource Centre

TOPICS: KITCHEN SAFETY, COOKING SKILLS, SEWING SKILLS, VALUES, PROBLEM SOLVING, PRIDE IN BELONGINGS, SELF ESTEEM AND GAINING INDEPEDENCE

IF YOU HAVE ANY QUESTIONS OR WOULD LIKE TO SIGN UP FOR THIS PROGRAM, PLEASE CALL CAMILLE AT THE HEALTH CENTRE AT 657-2557.

