

# Men's Awareness Group

*Topics include  
Boundaries &  
Communication  
Healthy  
Relationships  
Emotions  
Stress & Trauma  
Self Care  
And more.*

Please Call to register  
(705)657-2557  
Speak to Roxanne or  
Marcie

Refreshment will be  
provided.

**Learn more  
about yourself  
and help  
others to learn  
more about  
themselves.**



**Beginning June 15th, 2017  
Every Thursday for 8 weeks  
1:30-3:30p.m.  
Curve Lake Health Centre  
38 Whetung St.  
No Fees**

Facilitated by  
Anishaabe Kwewag Gamig Inc. Women's Shelter  
P.O. Box 39, Roseneath, ON  
K0K 2X0  
Admin line (905) 352-3898  
Crisis/Support Line 1(800) 388-5171

