

YOUTH HEALING & EMPOWERMENT

with Billy Rogers



Thursday April 16th

8:30 am - 3:30 pm

at the Family Resource Centre

Sessions will include subject such as Health Relationships with parents, friends, dating and more. Understanding healing , forgiveness, anger, hurt, shame and balance. Discussions, Who Will You Be – exercise, the power of self esteem and much more!

For more info, please contact Courtney – 705-657-2557