

# Paint Night

Not only is Art a form of therapy and stress relief it's a great way to be creative and express yourself!

**October 13<sup>th</sup> 2016**

**5:00 pm – 7:00 pm**

**Health Centre**

Light refreshments will be served  
*12 spots available, all materials supplied.*

**Call Marcie to reserve your spot - 705-657-2557**