

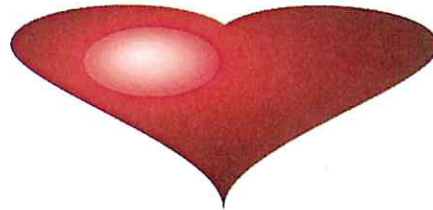
VALENTINES SOCIAL & DANCE



WHEN: February 8th

WHERE: Community Centre

TIME: 12:00 pm – 3:00 pm



Bring the family out for an afternoon of dancing, laughter, love, food, a photo booth and good company!!

Any questions, please call Camille or Mary at the Health Centre at 657-2557.

COMING SOON!!



Bounce Back & Thrive! (BBT) is a 10-session evolving evidence-based resiliency skills training program for parents with children under the age of 8 years. BBT helps parents build skills that increase their capacity to role model resilience in their daily interactions with their children.

Please watch our flyer for this new and upcoming session in our community, starting end of February, beginning of March.

Any questions, please call Camille or Mary at the Health Centre at 657-2557.