

Curve Lake First Nation Newsletter



June 2021



Photo: Red Ribbon Campaign for MMIWG2S on May 5, 2021

Government Services Building
22 Winookeedaa Road
Curve Lake, Ontario K0L1R0
Phone: 705-657-8045
Fax: 705-657-8708
www.curvelakefirstnation.ca

For any communication related
inquires, please contact Steve
Toms A/Communications/
Community Engagement Officer
at 705-657-8045 ext. 209 or
communication@curvelake.ca.

A Message from Chief Emily Whetung



Aaniin Curve Lake Welcome to June!

May has turned out to be an incredibly busy month. A significant ancient Archaeological site near Gannons Narrows was uncovered and studied in the early 2000s. It has been recorded as one of the most significant archaeological sites discovered in our area to date. This site was supposed to be protected from development. At the end of April, we received information from a community member who had seen excavators from the water when she was out harvesting that there appeared to be significant development happening in the area. After reaching out to the municipality and driving through the area, we discovered in early May that there were several homes slated to be built on the site. With Council's support, I spent the month of May doing everything we can to protect the archaeological material and ancestral remains discovered. We have protected the resting place of at least one ancestor and have ensured that all development in the area will be done with professional archaeologists on site. We continue to work to stop all development so we have time to sort out what will happen with the artifacts and remains that may be found on the rest of the property. We have been meeting with the Ministry of Heritage, the Ministry of Indigenous Affairs, the Premier's office, the Municipality of Trent Lakes, and our legal team to ensure the protection of this incredibly important site.

This situation has raised the issue that the rights to the archaeological material in our recognized treaty territory have not been determined to date. Council and I will continue to pursue and protect our rights and entitlement to our artifacts found in our territory.

We have also been working out the details of additional vaccine delivery. We are thrilled to be hosting a youth vaccination clinic here in Curve Lake in early June. If you are between 12 and 18 (or if you are the parent or guardian of someone between 12-18) and would like to receive the Pfizer COVID-19 vaccine, please contact the Health Centre. Further details can be found in this newsletter..

Chief Emily Whetung
On behalf of Curve Lake Council

Health & Family Services
Centre
38 Whetung Street East
Curve Lake, Ontario K0L1R0



Phone: 705.657.2557
Fax: 705.657.3067
www.curvelakefirstnation.ca

COVID19 Vaccine Expression of Interest For AGES 12 - 18

We want to vaccinate as many of our youth as possible and support your family to be safe and healthy. For that reason, we are asking families of youth, aged 12-18 that are MEMBERS, RESIDENTS AND/OR WORKING IN CURVE LAKE to fill in this form on behalf of the youth or yourself (if you are 18 and over) and submit it to the Curve Lake Health Centre ASAP (ideally before June 1st). If you are not a resident of Curve Lake but are a member household, we also want to hear from you! We are trying to determine how many doses of the vaccine we need to order.

Vaccine forms can be emailed to: COVIDYouth@CurveLake.ca, mailed or dropped off at 38 Whetung St E, or you can call the health centre and we will fill the form in with you over the phone (705) 657-2557.

Your information will be kept confidential and will be used only to contact you and to schedule a time to receive the immunization when we have a timeline for delivery.

Parent or Guardian Name:				
Phone number:				
Address:				
How many Youth in your household are interested in receiving the COVID-19 vaccine in Curve Lake?				
	Youth #1	Youth #2	Youth #3	Youth #4
Please list youth name (if comfortable providing)				
Age?				
Are they a status member of Curve Lake?				
Do they live in a household with a status member of Curve Lake?				
Are they a resident of Curve Lake?				
Do they work in Curve Lake?				
Date				

Please note we will be happy to deliver the vaccine to all Residents regardless of their membership and to all members who wish to travel to Curve Lake to receive their immunization. Should you require additional space feel free to contact us directly or fill in an additional form.

Aki Lands

The lands department is working diligently to continue to provide any services possible to the community in a safe and effective manner. If you want to meet with us in person or online, we require appointments to be set, so please contact us prior to coming to the building.

Wills and Estates

The Estates Coordinator programming continues to run as usual and appointments are being taken for wills and estates related requests over the phone.

Membership

The Membership Coordinator will be taking appointments for status card renewals when the lockdown restrictions lift, and it is safe to do so. When it is available, we will be ensuring safe social distancing practices by setting up drive through windows- this is for the safety of the community and our staff. Please check your status cards for expiration and contact us as we may be able to help you get a secure status card before yours expires. Contact Lois for any membership questions.

The Williams Treaty working group continues working very hard on reviewing files of new members and existing members to determine eligibility. We have zoom meetings monthly coordinated with Finance to witness the signing of the per capita distribution forms.

Leasing

Leasing continues the process of doing drive arounds to monitor the seasonal lessees attending their cottages. We have found the majority of the seasonal lessees to be complying with our communication to ask them to stay at their permanent residence for the time being. We are proud to be doing our part to help keep our community protected during this unprecedented time. We are currently working on the resumption plan to allow seasonal lessees back into the community when deemed safe.

We are working within covid guidelines to take appointments online to safely continue the work in leasing and ensure as little disruption as possible in the paperwork with lessees and locatees.

Environment

We continue to monitor for and follow up with any shoreline work that has been noted within our community. We are working to develop a shoreline management program and policy to try and work with homeowners which will ensure we can help with any concerns in a way that is beneficial to the environment and your concerns.

We also want to ensure members are aware it is turtle season and to consider creating turtle boxes or reaching out to our department if you notice any laying eggs. Any on reserve environmental concerns or inquiries can be forwarded to Krista.



HEALER APPOINTMENTS

Traditional Healer Pete Keshane will be available by phone on June 19, 2021

Those wishing to schedule an appointment with Pete are asked to contact Marcie either through email or by calling/texting

MarcieW@curvelake.ca

705-768-1391

No later than June 16th 2021

Made with PosterMyWall.com

Other Lands

We are also continuing the work on the Community Land Use plan which will eventually be used for a community land use bylaw. We are also monitoring for any dredging happening within the community. If you notice any or would like to do any shoreline work please contact us.

We continue to register documents and provide any services we can over video call and in person when it is deemed safe. Don't hesitate to contact us if you have a lands related inquiry or would like information registered into the Indian Lands Registry- we would be happy to help any way we can.

Contact information:

Environmental Coordinator, Krista Coppaway:
705-772-6731

Estates Coordinator, Naansii Jamieson:
705-957-7483

Lands Manager, Delaney Jacobs:
705-957-0649

Leasing Officer, Breanna Knott:
705-559-5805

Membership Coordinator, Lois Taylor (in-office):
705-657-8045

Government Services Building
22 Winokweeta Street
Curve Lake, Ontario K0L1R0



Phone: 705.857.8045
Fax: 705.857.8708
www.curvelakefn.ca

CURVE LAKE LIVING AND DECEASED ESTATES AWARENESS 2021

ENHANCED ESTATES PROCESS

The program objective is to provide personal assistance with community member Wills, Powers of Attorney and Estates with respect and an understanding of the sensitive and difficult matters of Living and Deceased Estates and Estates Management.

FREE SERVICES

- Assistance in preparation of community member Wills and their spouses (includes non member spouses)
- Assistance in preparation of community member Powers of Attorney for Property and Personal Care
- Requested amendments to existing Wills and Powers of Attorney
- Assistance with completion of forms pertaining to Estates
- Notifications of Death
- Estate Inquiries

CONTACT:

Naansii Jamieson
Estates Coordinator Curve Lake First Nation
(705) 957-7483
(705) 308-1973
NaansiiJ@curvelake.ca

**ONTARIO TURTLE
CONSERVATION CENTRE**

Injured turtle?
705-741-5000

Turtle Hospital
Sunday to Saturday
8:00 AM - 8:00 PM

Education Centre Closed
Virtual tours available:
education@ontarioturtle.ca

HAVE YOU SEEN A TURTLE LAYING EGGS OR A TURTLE NEST IN CURVE LAKE OR ON OUR ISLANDS?

Let us know by contacting **Krista Coppaway, Environmental Coordinator** at **705-772-6731** or KristaC@curvelake.ca

We are wanting to help turtles out by placing a protector box over the turtle nests to avoid predation by other animals such as raccoons and birds.

The protector box will be placed over the nest from **May/June until late October** which will allow the turtle eggs to hatch and baby turtles be given a better chance at surviving to adulthood and help increase populations of our turtles.



SNAPPING TURTLE LAYING EGGS



TURTLE NEST PROTECTOR



BABY SNAPPING TURTLES EMERGING FROM NEST

DID YOU KNOW?

All turtles species (8 species) in Ontario are at **RISK**. Habitat loss and destruction is the #1 cause of decline of turtle populations.

HOW TO BUILD A TURTLE PROTECTOR DURING NESTING SEASON

Turtle nests make easy targets for natural predators. As a result, many nests are lost each year, contributing to declines in turtle populations. Help protect turtle eggs by building a nest protector!

Nesting Season: May – June



WHAT YOU'LL NEED

MATERIALS

- One (1) 2x4x8 board
- Hardware mesh (preferably 1/2 inch holes)
- Eight (8) wood screws (2 1/2 inch)
- Staples or U-shaped hardware ticks
- Four (4) or more garden spikes (1/2 inch)

TOOLS

- Saw
- Electric Drill
- Hammer or staple gun
- Screwdriver
- Tin or wire snips

CONSTRUCTION STEPS

- 1) Cut the 2x4x8 board into four 2-foot lengths.
- 2) Cut a notch in the middle of two pieces, approximately 2 inches wide and 1 inch high. (Figure 1) These will be exit holes.



figure 1

figure 2



- 3) Select one notched piece and pre-drill holes (1/8 inch) and screw pieces together.
- 4) Repeat with the remaining two pieces. This will result in two 90° angle pieces.
- 5) Drill two holes at the ends of both pieces and screw them together into a square. Make sure that the notches of both pieces are on the bottom of the finished square. (Figure 2)

- 6) Cut the hardware mesh with tin snips so that mesh is larger than the opening of the frame.
- 7) Attach mesh to wooden frame using staples or u-shaped hardware ticks every 4-6 inches (Figure 3). Make sure mesh is tight to the frame so nest predators cannot get a paw in between the frame and the mesh.

figure 3



INSTALLATION TIPS



1

Late May to June is nesting season. Watch for turtles nesting in early morning or evening.

Do not disturb a nesting turtle. A female turtle may abandon the nest if disturbed.



2



3

Install the nest protector once the turtle has left. Centre the protector over the nest.

Hammer spikes in the four corners to secure protector in place. Make sure the spikes do not hit the nest.



4



5

Ensure that the nest protector does not block natural sun or rain. Do not cover.

Do not use nest protector along road shoulders, as it could interfere with regular road maintenance.



6



7

Install a safety flag if your nest protector is being used along driveways or paths.

Leave protector in place until late October. Most nests hatch late August to early October. If the nest you're protecting is from a Painted Turtle, keep the nest protector up through the next spring.



8



9

Scattered shells are a sign of a nest that has been attacked. A nest that has hatched successfully will usually have a small exit burrow up to the surface. In a cold summer, some nests may not hatch.

MANOOMIN PROTECTION 24 HOUR CALL NUMBER

One of the commitments from Parks Canada was to provide a 24-hour number that could be used to report unauthorized removals of vegetation, including manoomin.

In the event that the removal of any aquatic vegetation, including manoomin, is observed on Pigeon Lake as well as Buckhorn and Chemong lakes, your members can either:

- Call 1-877-852-3100; or
- Email a completed occurrence form (attached) to jasperdispatch@canada.ca

Both the phone number and email connect to Jasper Dispatch, which is Parks Canada's 24-hour emergency dispatch service (based in Jasper National Park). We have provided the dispatchers with the necessary background information on this issue so they are prepared to receive calls from your members. The dispatchers will record all relevant information and relay the details to the Trent Severn Waterway Park Warden. A Park Warden may also request a copy of the occurrence report at a later date as part of initiating a compliance or law enforcement investigation into the matter, if the reporting was done by phone only.

The reporting mechanism is designed specifically for reporting illegal aquatic vegetation removal from Pigeon, Buckhorn and Chemong lakes. Other types of occurrences should continue to be reported to the Trent-Severn Waterway via the usual route – either via Ont.Trentsevern@pc.gc.ca; or to via CLFN staff to Sarah Culley sarah.culley@canada.ca

The PCA Law Enforcement Branch has one dedicated Park Warden assigned to the TSW and although unauthorized aquatic vegetation removal is a high priority for our law enforcement, an immediate response by a Park Warden could vary depending on a number of circumstances. The Park Warden could be anywhere within the TSW, so distance of travel, time of day, urgency of priorities currently being managed, and other factors could influence the response time. As such it may take some time before the occurrence gets responded to and investigated. It is therefore crucial that as much relevant information is provided to the dispatcher, as is possible, so that the Park Warden is able to initiate an effective response as soon as he or she can.

As discussed at our last Williams Treaties-Parks Canada Steering Committee meeting, we will be sharing this information with the other committee members as well.

David Britton

Director, Ontario Waterways / Directeur, voies navigables de l'Ontario

Parks Canada | Parcs Canada

P.O. Box 567, 2155 Ashburnham Drive | C.P. 567, 2155, promenade Ashburnham

Peterborough Ontario K9J 6Z6


Telephone | Téléphone: 705-750-4408

Facsimile | Télécopieur: 705-750-4934

Email | Courriel électronique: david.britton@canada.ca

Parks Canada - 450 000 km² of memories / Parcs Canada - 450 000 km² de souvenirs

OWFU Unauthorized Aquatic Vegetation Removal Occurrence Reporting Form for Pigeon, Chemong and Buckhorn Lakes for 2021

Date:	Time:
Occurrence Description, (what has, is or may take place):	
Who is involved: (person or people description, include all relevant descriptors). Note: if a vehicle or vessel is involved, please complete relevant information as per section in document:	
Occurrence location details, (street name, address, GPS coordinates, area on map, etc...):	
If occurrence location is known, please identify area on the map below with an asterisk (*) and arrow.	
	

Reporting Person (individual may choose to remain anonymous)		
Surname:	Given Name 1:	Given Name 2:
Address:	City:	Province:
Postal Code:	Home Phone:	Business Phone:
Email:		

Vehicle(s) and/or Vessel(s)			
Vehicle Type:	Make:	Model:	Plate:
Colour and other descriptors			Province:
Vessel Type:	Make:	Model and Length:	Name and License number:
Colour and other descriptors:			

Reported to PCA Dispatcher: 1-877-852-3100 or jasperdispatch@canada.ca	Date:	Time:
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Notice of Initiation of Projects

County Road 14 (Yankee Line) Rehabilitation, James A. Gifford Causeway Rehabilitation and Chemong Bridge Rehabilitation

Introduction

The County of Peterborough has retained BT Engineering Inc./Entuitive to complete the design for the rehabilitation of the James A. Gifford Causeway, County Road 14 (Yankee Line) and Chemong Bridge. Investing in Canada Infrastructure Program (ICIP) funding has been obtained by the County to fund these projects.

Project Process

Project 1: The County Road 14 (Yankee Line) rehabilitation is being conducted as a Schedule A+ Environmental Assessment (EA) Study under the Municipal Class Environmental Assessment (MCEA)

(2015). Schedule A+ projects are pre-approved for construction, with mandatory public notification of the project. The rehabilitation will consider active (cycling and walking) transportation and road surface drainage improvements.

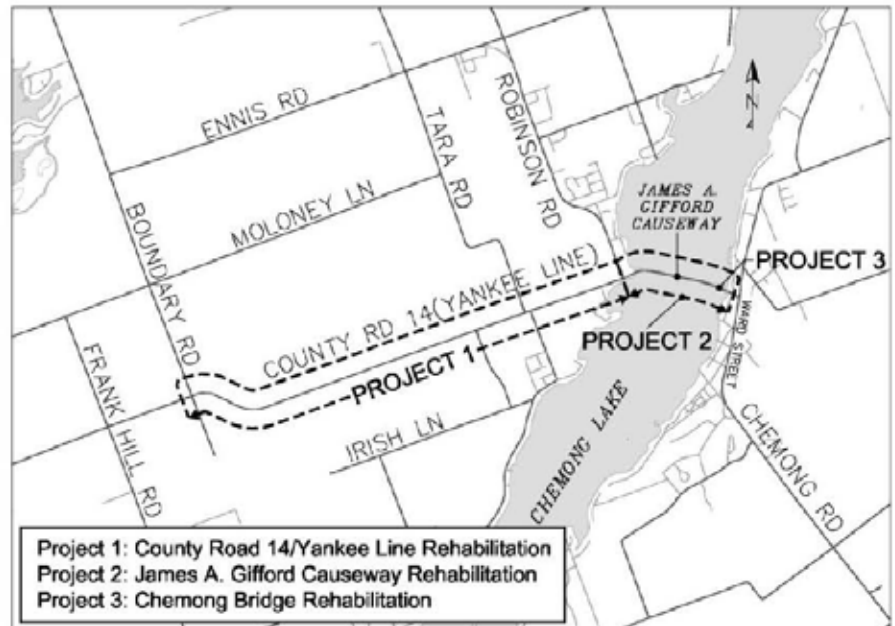
Project 2: A Schedule C EA was completed for the James A. Gifford Causeway rehabilitation was completed in 2012. The proposed design will include active transportation and road surface improvements as recommended by the EA.

Project 3: The Chemong Bridge project will involve major rehabilitation of the bridge superstructure (bridge deck, railing, sidewalk, etc.) to achieve a minimum 35-year extension of service life to the bridge. Traffic will be maintained across the bridge during construction by means of single-lane traffic control signals. The proposed rehabilitation is classified as Schedule A+ under the MCEA (2015)

Public Consultation

Public consultation will be facilitated by means of Public Information Centre(s) and Community Engagement Meetings. The format of these events will be subject to the Province of Ontario's COVID-19 Emergency Measures in place at the time.

There is an opportunity at any time during the Class EA process for interested persons to provide comments. Early identification of individual and group concerns greatly aids in addressing these concerns. All information will be collected in accordance with the *Municipal Freedom of Information and Protection of Privacy Act* (2009). With the exception of personal information, all comments will become part of the public record.



Notice of the PIC(s) will be provided by means of a Notice placed in local newspapers and directly by means of email and letters to those providing their contact information to one of the Project Managers listed below.

For more information, or to be placed on the project's email/postal mailing list or if you wish to be removed from the contact list, please contact either:

Steve Taylor, P.Eng.
Consultant Project Manager
BT Engineering Inc.
100 Craig Henry Drive, Suite 201
Ottawa, Ontario K2G 5W3
Phone: 613-228-4813
Email: steven.taylor@bteng.ca

Peter Nielsen, CFT
Project Manager, Capital Projects
County of Peterborough
470 Water Street
Peterborough, Ontario K9H 8M3
Phone: 705-775-2737 ext. 3200
Email: pnielsen@ptbocounty.ca

Project Updates

Project updates are available on the County website at:

<https://www.ptbocounty.ca/en/living/games-a-gifford-causeway.aspx>

This notice issued on April 15, 2021.

CURVE LAKE FIRST NATION COMMUNITY BASED WATER MONITOR PROGRAM

Prize Draw!

What do we test for?

Total Coliform & Escherichia Coli (E. Coli)
Coliform bacteria are microbes found in warm-blooded animals' digestive systems, in soil, on plants, and in surface water.

Is my well water safe to drink?

If your drinking water comes from a private well, you need to get it tested. In this way you may know whether drinking water is safe for you and your family. Your bare eyes cannot see the harmful bacteria, parasites, and infections. This is why water that looks and tastes ok may not be safe to drink.

Schedule your water test appointment today!

MICHAEL HUNTER IS AVAILABLE MONDAY - THURSDAY 8:30 AM - 2:30 PM TO TEST YOUR WELL WATER! TO BOOK YOUR APPOINTMENT PLEASE CONTACT THE HEALTH CENTRE - (705)- 657-2557 OR BY EMAIL MICHAELH@CURVELAKE.CA

THIS SERVICE IS AVAILABLE TO MEMBERS RESIDING ON TERRITORY. NOT A MEMBER? NO PROBLEM PETERBOROUGH PUBLIC HEALTH CAN HELP (705)-743-1000

Take a selfie/picture of yourself or a loved one staying hydrated on National Hydration Day June 23rd to be entered into a draw for a brand new Yeti Cooler! Getting your water tested in the month of June will be an additional entry into the draw and chances at gift card prizes. Goodluck!

NATIONAL HYDRATION DAY

G'kinoo'amaadiwin

Education

All Students will celebrate the Victoria Day Weekend May 22-24, 2021, with a long weekend. While enjoying the warmer weather please remain safe by keeping your distance, wearing masks, washing your hands, and staying home.

OELC, CLFNS, and PROVINCIAL PROGRAMS

Children have been back in the Education Buildings since Monday May 17, 2021. It is good to hear children playing and learning. The last day of school at CLFN School is Tuesday June 29, 2021. Please keep posted as we wait to hear from the Ontario Ministry of Education Licensing branch for the reopening of School Age programming at the Centre. The Island staff are preparing summer programming so that when the children return, they will be safely participating in language and land-based learning at the Island.

Students grades 4-12 may access the learning hubs – contact Jeanette Hunter jeanetteh@curvelake.ca or Rhonda Sager rhondas@curvelake.ca if you would like to book a time for your child/youth.

SAVE THE DATE! The Education Team will be inviting 2021 graduates of grades 3, 4, 8, 12 and Post-Secondary to attend a Standing Parade on Friday June 25, 2021. More details to follow closer to the date. The Standing Parade will follow all the necessary restrictions and protocols to ensure the safety of the participants. If you reside off territory and your child is graduating from grades 8 or 12, please contact Louise Musgrave at louisem@curve-lake.ca by June 10, 2021 to participate.

Spot The Bus!



Submit a selfie on the bus, with the bus or a photo of the bus along The Link transit route for a chance to win one of 3 10-Ride Bus Pass Prizes!

1. Post your photo on Facebook, Twitter or Instagram with hashtag #RideTheLink.
2. Comment your photo on a Spot The Bus contest post or tag @SelwynTownship.

POST SECONDARY PROGRAM

We are happy to have Krystalyn Jones as our Provincial and Post-Secondary Coordinator. You can reach her at krystalynj@curvelake.ca or at the Government Services Building at 705-657-8045 ext. 203.

Students who attended the winter term need to have their marks to Krystalyn as soon as possible.

New students beginning September 2021 need to submit all needed information by the end of June 2021.

LIBRARY AND ANISHINAABEMOWIN

Programming will continue online. Please access the Library Facebook page for opportunities to participate in programming.

Aaniin!

I would like to introduce myself as the new Provincial & Post Secondary Co-Ordinator. I am so very excited to be in this role and can't wait to meet the members of this great community. Some of you may know me already, as I have taught at the Curve Lake School before having my own child who now attends there. After working in the public education system, I am happy to be back with Curve Lake First Nation and close to home. I hope you will all reach out to say hello, and I would love to hear of any suggestions you have for specifically the development of the Post Secondary Program. I have an open-door policy, even though it is virtual for the time being.

My contact information is krystalyn@curvelake.ca, or phone at 705.657.8045 ext. 203.
Miiigwetch,
Krystalyn





Kindergarten Registration for September 2021- Curve Lake First Nation School

Kindergarten registration packages have been mailed out to families who have a child eligible to begin Kindergarten in September 2021-turning 4 years of age before December 31, 2021

If you did not receive a package and your child is eligible, please call the school and we can arrange for you to pick a package up, or mail one to you.

If you have any questions, please do not hesitate to contact:
Ms. Taylor- Principal, at 705-657-3651

Miigwetch!

A handwritten signature in black ink, appearing to read 'Ms. Taylor'.

Ms. Taylor, Principal

Aki Miigwewina Kaagiikedowenan *Lands & Resource Consultation*

CONSULTATION AT A GLANCE IN MAY 2021

As always, May was a very busy month in the Consultation Department. In addition to many meetings with various proponents and government ministries we were able to host 2 community engagement sessions with the nuclear sector. One with NRCAN to discuss Canada's radioactive waste policy and the other with OPG to discuss the Darlington New Nuclear Project. These sessions offered opportunities for community members to learn about these projects, seek clarification, ask questions, and offer guidance. In particular, community was able to send a clear message to the nuclear industry that harmony and balance is essential for environmental health and that the environment includes all our relations, and not just our human families. The message of seven-generational thinking was also shared with regard to our roles and responsibilities well into the future.

Consultation staff met with the Canadian Nuclear Safety Commission's (CNSC) Independent Environmental Monitoring Program (IEMP) staff to determine dates for soil sampling 3 nuclear facilities in the territory – in which Curve Lake First Nation will be participating. The first environmental sampling will occur around the BWXT facility in Peterborough in June. The second sampling activity is planned at the Pickering Nuclear Generating Station in July, and finally sampling at the Darlington site will take place in August. The Consultation Department hosted an information session in April about the IEMP and how to participate in the process. We have the opportunity to accompany the IEMP staff out into the field to observe and to learn about how they collect soil samples and how their environmental monitoring program works. If you are interested in getting involved in these activities or know someone who is, please contact Katie or Julie (contact info below).

The Consultation Department submitted 4 Participant Funding Program Applications to the CNSC in May to participate in the review of several nuclear licence applications and renewals. Coming up on June 10-11th is the CNSC Public Hearing for the Darlington New Nuclear Project – licence to

prepare site. Curve Lake First Nation is included as one of the many intervenors during the Hearing and will be presenting in person on June 11th at 9am. The proceedings will be live streamed, so if you are interested in viewing, please visit <https://nuclearsafety.gc.ca/eng/> and find a direct link to the Hearing.

In the month of May, Consultation staff also met with the County of Peterborough and Bytown Engineering to start the engagement regarding the upcoming improvements to the Gifford Causeway and Yankee Line – which will occur over the next few years. There will be opportunities for community engagement on this project in the months ahead. Consultation staff also met with the Department of Fisheries and Oceans Canada (DFO) to discuss the offsetting plans for fish habitat destruction in 2 creeks in the Pickering area that were incurred from Trans-Northern Pipelines emergency works last year. Staff met a second time with the DFO to discuss plans surrounding the proposed Harper Creek realignment as our third party expert review is now completed. A Brook Trout restoration plan has been proposed.

The Consultation Department alongside our support staff continue on schedule with our monthly meetings with Parks Canada, OPG, Metrolinx, BWXT, Enbridge, CNL, Trent University, and the CNSC. These monthly meetings are facilitating positive relationship building with these proponents and are positioning CLFN well within these sectors in terms of our inclusion, participation, respecting of our cultural values and the protection of our rights and interests.

Archaeology

The Consultation staff and Cultural Centre staff have been working diligently to help to protect the archaeological site known as Oak Orchard. Through the support of Chief & Council, the Ministry of Heritage, Sport, Tourism, and Culture Industries (MHSTCI) has issued over a dozen Section 48 letters to landowners alerting them to the fact that their properties include an archaeological site and that to disturb soils within the constraints area is an offence and punishable by fines or imprisonment. The Ministry has also recommended that a licensed

professional archaeologist be retained to assist with any construction activities on individual lots. CLFN's Archaeological Program Administrator is closely monitoring the situation and is working alongside the various archaeologists that have been hired to conduct assessments. Cultural oversight is being accommodated through the Cultural Centre staff and the Elders Council.

The Consultation Department would like to thank our Cultural Heritage Liaisons for their great start of season work attitude! The Archaeology Program has been non-stop throughout May working on both short- and long-term archaeological projects occurring in Williams Treaties Territories. There seems to be no signs of slowing down this archaeological season, both in the field and out, ensuring the cultural history is being properly cared for and protected. The Cultural Heritage Liaisons are on sites ranging from 10,000 years ago to 200 years ago! Currently we are only sending

any CHL on jobs deemed essential. As the Covid-19 policies change and more construction activities are permitted, so too will our policies for sending CHL's to those sites.

Contact Us

As always, protecting the rights and resources of Curve Lake First Nation community is the Consultation Department's main priority. If you ever see anything on the territories that you feel needs attention, or if you have any concerns about engagement/consultation on certain projects please contact Kaitlin Hill KaitlinH@curvelake.ca and/or Julie Kapyrka JulieK@curvelake.ca and/or Jordon MacArthur (for archaeological matters) JordonM@curvelake.ca. please contact Kaitlin Hill KaitlinH@curvelake.ca and/or Julie Kapyrka JulieK@curvelake.ca and/or Jordon MacArthur (for archaeological matters) JordonM@curvelake.ca.



FOOD BANK – JUNE CALENDAR

 Food Bank	Wed June 2nd 9:00 am to 11:00 am
Dairy Bag	Wed June 9th 2:00 pm to 4:15 pm
 Produce Bag	Wed June 23rd 12:00 pm to 4:15 pm

-If your Food Bank Client Form has changed, please advise me and I will update it for you.

For more info, contact the Food Bank- 705-957-3539 or 705-979-2055

HBHC

Father's Day

CRAFT

Please sign up before June 14th to be sure kits can be distributed in time.
Please call (705)657-2557 or email LisaWJ@curvelake.ca to sign up

love you Dad

Looking for some books on addictions and recovery?

CLFN NNADAP BOOK PROGRAM

Looking for books on Indigenous Healing? The red road to recovery, or maybe just a recovery journal? Contact Bailey Taylor to see what books are available through the clfn nnadap book program

List of books available today:

- "The Hallow tree: Fighting addictions with traditional healing"
- "Indigenous Healing: exploring traditional paths"
- "Just for Today"
- "Freedom from our addictions - Russel Brand"
- "The red road to wellbriety"
- "start where you are Journal"
- "addictions coloring books"

CLFN NNADAP Bailey Taylor
BaileyT@curvelake.ca
705-957-4413 - 705-657-2557 x 427
FB: clfn nnadap

PRIZES

2 per community each night one win per person

STORYTELLING

The month of June we celebrate: Summer Solstice and National Indigenous Peoples Day

June 7th Hiawatha Storytellers

Tom Cowie Reading What We'll Build Plans for our together Future
Written By: Oliver Jeffers

Sandra Moore Reading We Are Water Protectors
Written By: Carole Lindstrom

June 14th Alderville Storytellers

Eileen Simpson Reading When the World Closed
Written By : E.E. Thorgaard

Melody Crowe Reading Thirteen Moons on Turtle's Back
Written By: Sandra Samatte

June 28th Curve Lake Storytellers

Anne Taylor Reading Millicent and the Wind Robert Munsch book translated to Ojibway by Deborah Jacobs

Rhonda Taylor Reading Coyote and the Sky
Written By: Emmett Garcia

Join us on June 7th, 14th and 28th, 2021.
7:00 pm for a one hour FREE Zoom story hour with Alderville (Vicki Niles) Curve Lake (Marcie Williams) and Hiawatha (Sherry Dracup) First Nations
Join Zoom Meeting
<https://zoom.us/j/98099000356?pwd=ZmNRVXhCY2dOUWFwS2x4NEJBYlRzQT09>
Meeting ID: 980 9900 0356

JUNE 21ST

NATIONAL INDIGENOUS DAY

- DRIVE-THRU FEAST AT COMMUNITY CENTRE (11AM-2PM).
- TRADITIONAL DANCE DEMONSTRATION AT LANCE WOOD PARK (11AM-2PM).
- ALL DAY SCAVENGER HUNT THROUGHOUT COMMUNITY.
- ANISHINAABEMOWIN SHORT STORY CONTEST WINNER ANNOUNCEMENT.
- VIDEO'S UPLOADED TO CLFN FACEBOOK PAGE.
- FIRE WORKS AT LANCE WOOD PARK AT DARK!

AND MORE EVENTS COMING- WATCH FOR POSTERS!

WE ASK EVERYONE TO REMAIN IN THEIR VEHICLES TO ENSURE EVERYONE STAYS SAFE! MIIGWETCH, AND WE HOPE TO SEE YOU THERE!

An important reminder to all community members, as per Curve Lake First Nation motion dated February 24, 1981;

NO FURTHER DREDGING IS TO BE CONDUCTED ON CURVE LAKE FIRST NATION SHORELINES.

WHAT IS DREDGING?

Dredging is the removal, relocation or dislodging by digging, gathering or pulling out or otherwise, or to alter any natural or other material or object for the purpose of the following activities: altering the shoreline, creating new channels or boat slips, constructing or placing any in-water structures such as wharves or retaining walls or maintaining previously dredged areas or openings to any dredged area on private land. Example of dredging is shown in photo below.



Impacts of Dredging:

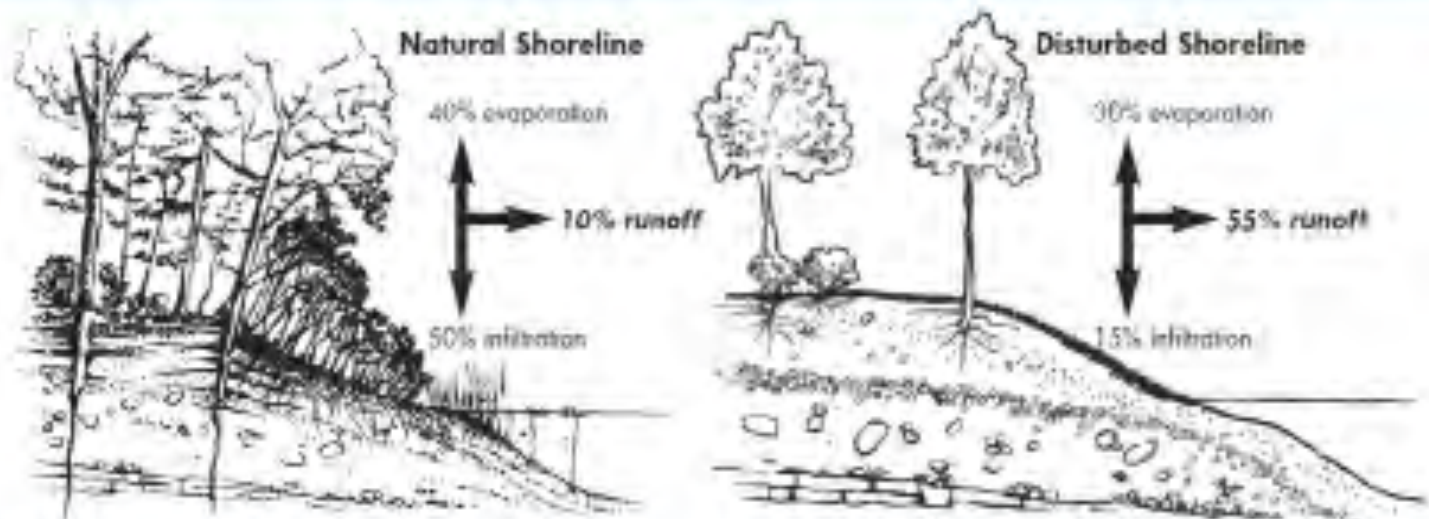
- Turbidity and re-suspension of sediments from the bed;
- Alteration of water circulation and exchange;
- Deposition of sediment in nearby waters;
- Destruction of fish and fish spawn;
- Blockage or impairment routes of travel from water to land by variety of species;
- Loss of aquatic habitat for a wide variety of aquatic organisms;
- Disturbance or destruction of cultural resources.

If you are experiencing erosion issues or would like to conduct work, on your shoreline, please contact Delaney Jacobs, Lands Manager at 705-657-8045 or DelaneyJ@curvelake.ca

Natural shorelines

Natural shorelines are also important for maintaining the processes that keep our waterways healthy and clean. Without strong layers of vegetation, including trees, shrubs, flowers, grasses, and aquatic vegetation, shorelines can degrade. Plants and their roots prevent erosion, runoff, and keep water clear and beautiful.

A hardened shoreline, which includes mowed down lawns, pavement, retaining walls, and riprap, can lead to turbid water and algal blooms from erosion and nutrient influx. This degrades wildlife habitat, causes a loss of recreational opportunities, and can contaminate drinking water sources.



Native vegetation protects water quality from polluted runoff, and helps soil absorb water.

Hard surfaces and reduced vegetation increase runoff and erosion potential, and decrease absorption by the soil.

Anishinaabemaawanjii' Aidiwigamig Cultural Centre

We are delighted to say that we have been busy at the Cultural Centre for the month of May, planning out Indigenous Day, conducting outreach programming, preparing summer programming, and preparing for Kinoomaagewapkong, or otherwise known as the Petroglyphs Provincial Park.

Earlier in May, we met with the Health and Economic Development departments to organize and strategize for the upcoming Indigenous Day on June 21st. As many are aware, this is not only an important day for Anishnaabeg across Turtle Island, but is revered by our own people as a day to celebrate our past, what we have accomplished, and future initiatives. We have organized a day, in which we are hopeful to have a sunrise ceremony in person, with Covid-19 safety protocols in place (i.e., 6ft social distancing, hand sanitizer, etc.). Along with sunrise ceremony, we are also planning on having scavenger hunts, a drive-thru feast, traditional dance styles demonstrations, and fireworks! The protocols and structure of the day will be the same as last year, with Covid-19 safety protocols in effect. In addition to the aforementioned activities, we are also planning on hosting a contest prior to Indigenous Day, with the winner being announced on Indigenous Day! We are going to propose to the community to write a short story in Anishnaabemowin, whether it be fictional or non-fictional. Prizes are still yet to be determined, but we imagined that celebrating our language is an important aspect of celebrating who we are.

The Cultural Centre has been busy with conducting outreach programming with various schools and organizations, in which we have focused on topics of land acknowledgments, pre-contact treaties, Treaty 20 and the Williams Treaty, and harvesting rights. Outreach programming has been an area of interest lately, in which we have seen a rise of programming being requested virtually from the Cultural Centre.

The Cultural Centre and Pinnguaq were successful in applying to the Natural Sciences and Engineering Research Council (NSERC) of Canada's grant process. We are hoping to deliver programming to our youth this year on the land, in which we will be combining

our Elders and Traditional Knowledge Keepers with our youth to pass on traditional knowledge (TK) and traditional ecological knowledge (TEK) of the land. The topics that will be covered this year will be; 1) Miinag – Berries, 2) Manoomin – Wild Rice, 3) Giigohn – Fish, 4) Bgwaji Wiiyaas – Wild Meat, 5) Nibi – Water, 6) Anishnaabemowin Minis Nooswinan – Ojibwe Names of the Islands, and 7) Mshkiki ge lskigamizigan – Medicines and the Sugar Bush. We will be putting the events and registration in next month's newsletter, so keep an eye out!

In addition to the programming and organization for the month of June, our new Cultural Intern, Eliza Braden-Taylor, has been helping out at the Petroglyphs Provincial Park in the opening operations and duties. Eliza will be at the Petroglyphs PP for the majority of the summer, and will be mainly down at the site, in which Eliza will be relaying our village's teachings of Kinoomaagewapkong to the visitors. If you decide to visit the Petroglyphs this summer, make sure to say a friendly "aaniin" to our new staff member!

Contact Us

Jack Hoggarth: jackh@curvelake.ca
Archivist and Youth Engagement Officer

Tracey Taylor: traceyt@curvelake.ca
Cultural Outreach Worker

Eliza Braden-Taylor: elizabt@curvelake.ca
Cultural Intern



EYeshchigewad Kina

Economic Development

Our Team continues to work virtually from home while our Employment Resource Centre and the Cultural Centre remains closed to the public.

Although the Employment Resource Centre is closed at this time, we have found that our space can benefit the Education Department with their learning hubs. Jeanette is supporting online youth at the ERC every morning from 8:30am – 12:00pm. Should you have any questions, please contact Jeanette Hunter at: jeanetteh@curvelake.ca

Employment for our youth this summer have been offered from other organizations in recent weeks such as: TRACKS Youth Program, Parks Canada, local businesses, surrounding communities, etc. Our Summer Student Program is being finalized and almost ready to be shared with you. A special newsletter will come out for the summer student program soon, so be on the lookout! Stephanie will be hosting resume workshops for students, application assistance, discussion about the positions our youth will be able to apply to, and interview preparation. One change that is happening with the program this year is that the applicant will have to have a Social Insurance Number (SIN) for them to apply. Without having a SIN the applicant will not be able to work in the summer student program as it is a requirement as per the Summer Student Policy. If you are interested in working in the program this summer but do not have a SIN as of yet, we suggest you book an appointment time with Service Canada in Peterborough to get your number right away. <https://www.canada.ca/en/employment-social-development/services/sin.html>

The Employment Resource Centre is excited to share that from the overwhelming response to the Pre-Apprenticeship Program, partnered with Kagita Mikam, this is going to be happening in Curve Lake First Nation. This program will run for 5 weeks in total this summer where the participants will gain experiences among several trades such as carpentry, electrical, plumbing, etc., as

well as obtaining the required safety gear, certifications, catered lunches, wages, and a certificate of completion at the end. We now have a waitlist for this program from the amount of people expressing an interest. We anticipate this will prove to be a successful program and look forward to offering this again down the road. For those who submitted an application with the Pre-Apprenticeship program, they will be hearing from Stephanie Tripp who will provide more information about the specifics of the program. Watch for updates and pictures from this program throughout the summer to see what will be achieved!

Be sure to follow the Employment Resource Centre on Facebook to get the most up to date information on our programs, employment and training opportunities.

Contact Us:

Katie Haddlesey, Economic Development Coordinator
katieyh@curvelake.ca

Brandon Jacobs, Economic Development and Tourism Officer
brandonj@curvelake.ca

Stephanie Tripp, Employment and Training Officer
stephaniet@curvelake.ca



Youth gardening program
AGES 7 - 15

Supplies Courtesy of Mississauga Nation & LAIDLAW

WE SUPPLY:

- Seed kit
- Medicine bundle
- Gardening apron
- Journal
- AND MORE!

Spaces are limited

CONTACT LIONEL TO SIGN UP
705-657-2557
BEFORE JUNE 15TH

email: LionelG@curvelake.ca



Service Canada is offering free webinars to provide information on the process for applying for a job with the Government of Canada. This session is geared towards those who are Indigenous!

Join from anywhere! The presentations are delivered via WebEx technology. Use the link below to view a list of events and register for the webinar that fits your schedule and is most relevant to you.

Click the links below, or use the QR Code below to register.

For assistance or additional information, please contact us at ON-ECO-OUTREACH-EXTERNES-GD@hrdc-drhc.net

For general information about Service Canada, please visit Canada.ca or call 1 800 O-Canada.

Event number (access code) 173 586 0775

Thursday, May 27, 2021 1:00 pm, Eastern Daylight Time (New York, GMT-04:00)

Event address for attendees:

<https://canada.webex.com/canada/onstage/g.php?MTID=e146163a261ab2b76d20f8bc24cffa640>

OR

Event number (access code): 173 439 7645

Tuesday, June 15, 2021 1:00 pm, Eastern Daylight Time (New York, GMT-04:00)

Event address for attendees:

<https://canada.webex.com/canada/onstage/g.php?MTID=e02cbc4e33389f958bb9aa3425e3f8878>

Service
Canada

Naabijekewinan *Infrastructure*

NOTICE OF SURVEYING FOR WATER TREATMENT PLANT AND DISTRIBUTION SYSTEM

As part of our planning and design of the Curve Lake First Nation Water Treatment Plant, Storage and Distribution Project, surveyors from First Nation Engineering Services Limited will be going around the community to survey the proposed route for our Water Treatment Plant water main and household water connections.

This process will require the surveyors to enter properties to locate and mark out structures, outbuildings, laneways, gardens, trees, existing wells, etc. This will be marked out with a GPS system for pinpoint accuracy which requires the corners of each structure to be accessed along with any other point of interest mentioned above.

Surveying will be take place approximately May 18th to June 15th. If you have any questions or concerns regarding this process please contact: Paige Williams, Community Coordinator, First Nation Engineering Services Limited at:

Phone: (226) 388-3435 or

Email pwilliams@fnesl.ca

Thank you.



What to Know About Rapid COVID Testing

A rapid COVID test is a type of diagnostic test. Our rapid test measures viral antigens, which are substances that tell your body to produce an immune response to an infection. Antigens are not the same as antibodies, which your immune system produces in response to signals from antigens. **So don't worry if you have been vaccinated it won't affect the results!**

How rapid is it? Results in 15 minutes!!

How Reliable are the results?

Rapid tests are most reliable when people are in the early stages of COVID19 (that's when the viral load is highest in your nasal passage). Repeated rapid testing helps because the amount of virus in your nose and throat can increase over the course of days (and sometimes even hours) to show a positive test even after you had a negative one earlier.

When taking a rapid test it is important to give consideration to having 2 tests.

Because if you test after you develop symptoms you may not have enough antigens in your nasal path to detect them and then you get a false negative. If you test too early after being exposed to the virus your test will come back negative because there are not enough viral antigens to be detected. If actually infected, you will likely test positive in another day or two.

The test is only done for those who are not experiencing symptoms. They are a diagnostic tool that are not meant to confirm an active infection or prevent transmission. They are intended to assist in screening people who do not have symptoms who may be at a higher chance of transmission due to work places, known exposures, etc.

Those who have symptoms will have a PCR test which detects the molecules of viral genetic material (RNA). It's a lab test that will take days to receive the results.

Ok so how accurate are these tests?

Based on manufacturer medical testing which was reviewed and approved by both the FDA and Health Canada Ag (antigen) tests detect the presence of viral proteins in a biological sample and are considered highly accurate (93.3% sensitivity to return a positive result for the disease but a 6.7% chance of a false negative).

But there are subsequent studies that are indicating in people with confirmed COVID-19, antigen tests correctly identified COVID-19 infection in an average of 72% of people with symptoms, compared to 58% of people without symptoms. Tests were most accurate when used in the first week after symptoms first developed (an average of 78% of confirmed cases had positive antigen tests). This is likely to be because people have the most virus in their system in the first days after they are infected.

In people who did not have COVID-19, antigen tests correctly ruled out infection in 98.5% of people with symptoms and 98.8% of people without symptoms.

For this reason, anyone receiving a positive antigen test is then sent for a follow up PCR (polymerase chain reaction) test which are run through a lab and offer nearly a 100% accuracy rate in identifying positive cases.

(you can find details of the research conducted at this link

[https://www.thelancet.com/journals/else/article/PIIS2589-5370\(20\)30421-1/fulltext](https://www.thelancet.com/journals/else/article/PIIS2589-5370(20)30421-1/fulltext) and this link

<https://www.cochranelibrary.com/cdsr/doi/10.1002/14851858.CD013705.pub2/full>)

Mino-bimaadizi minwaa Mdnaagdawenmag *Health & Family Services*

June is here and we have many reasons to CHEER!

One such reason is our upcoming youth vaccine clinic for those aged 12 – 18 on Tuesday June 8th. We ask that you complete your expression of interest for a youth vaccine and submit it to us ASAP. Ideally the FIRST WEEK OF JUNE. The quickest way to fill in the expression of interest form is to call 705-657-2557 and we will complete the form with you over the phone. This will allow us to ensure second doses will be delivered in July (more details to come) so we will all be ready for back-to-school season. If this date does not work for your family do not worry Peterborough Public Health is working with the local school board on plans to roll out the vaccine to all youth in our region; this means the Curve Lake vaccine clinic will be your first chance to be vaccinated but not your last!

If you are an adult who is still in need of a first dose you can book your appointment online at: <https://covid-19.ontario.ca/book-vaccine/> or you can call 1-833-943-3900. Individuals going online can select 'First Nations, Métis and Inuit adults' from the drop-down menu and will be directed to the online booking portal for their postal code region.

The following are eligible under this category:

- Partners/non-Indigenous household members
- Essential caregivers for First Nation, Inuit, and Métis individuals*
- Individuals who work within First Nations communities and/or on reserve*
- Individuals employed by Indigenous service providers/organizations*

*These groups are required to book using the category of 'Essential Workers who Cannot Work from Home'.

Individuals that select 'First Nations, Métis, and Inuit adults' will be directed to an Indigenous-specific web page that includes the opportunity to book an appointment online through mass vaccination clinics, a listing of Indigenous organizations that are providing Indigenous-led clinics and/or

information on how to contact the local PHU.

Please know that booking does require a health card number if you do not have one contact public health at 705-743-1000 ext. 606 and they will help you.

Another reason for us to CHEER is that June is Seniors Month in Ontario. This year's theme is stay safe, active and connected. This really is more important now than ever, we need to recognize our amazing Elders, and Seniors and express appreciation and recognition for the contributions they have made to our lives and our community. There are many ways to do this, but a simple way is to call a senior in your life and tell them how much you appreciate them! Better yet you could ask if there is something they need assistance with – maybe gardening, grocery runs, or even dropping off a nice home-made meal can take just moments of our day but be an invaluable gesture.

What better time to do this than June 1st which is "Do Something Nice Day"? But really isn't that EVERY DAY? Let's make an effort to carry that thought all the way through the month of June during these trying times a little kindness goes a long way! Acts of random kindness have been proven to boost personal happiness and have a bigger psychological impact than buying yourself something. People who are kind to one another experience decreased pain from headaches and backaches, reduced acid reflux, higher energy levels, reduced blood pressure and increased calmness! What is better than that? Kindness is contagious! So, pay it forward and spread happiness and health through kindness.

Speaking of ways to spread happiness and kindness don't forget June 20th is Father's Day! A great day to celebrate and say thank you to the big guy who supports you each and every day – one of our biggest cheerleaders and one of our strongest critics DAD is a guy who deserves a celebration. So, the Health and Family Services team are going to do just that – make sure for Dad to drive through the community centre that day for a little gift from

us to him!

While we are at it let's celebrate that June is National fresh fruit and vegetables month. Come on out and support the Nourish market every Thursday morning. They are open from 10 – 2 at the small business centre or while supplies last. To this end we will be having contests through out the month where you will have a chance to win "nourish dollars" that can be used at the market. Further details are in this newsletter and will be shared on social media.

Finally, we would like to say thank you to everyone for your ongoing participation in our programs and services we have never been so successful for program sign ups! We must however remind you of the best practices we have implemented to ensure everyone has a chance to participate in our programs.

Please understand:

- You must sign up for programs yourself (please don't have your sister, neighbor, spouse, etc. call to sign up). In the case of minor children, we ask their guardian signs them up (we will allow those 12 and over to sign themselves up for most activities if they prefer to call on their own).
- Making crafting and program kits and ensuring they are dropped off at homes takes a lot of staff time. Please be sure to sign up well in advance and understand when we are unable to add you to a program the day of due to not having enough time or supplies. We do try to accommodate last minute sign ups but may not be able to have you join. Or you may be able to call into the virtual program but not be supplied the kit, etc.
- At times we must limit participation numbers. When we do this, we maintain a waitlist. If you are aware in advance that you will not be able to participate, please contact the appropriate staff so your place can be given to someone on the wait list.
- You can only be in one program at a time. Sometimes staff are offering multiple programs at the same time slot on the same day. Please recognize you can only physically be in one program at a time and make a choice accordingly.
- Technology does not always work. Consider calling in to the program a few minutes early to make sure your computer and/or phone are working. If your computer isn't able to connect

usually there is a phone number, you can call and participate without the visual screen as an alternative. Our staff will do everything they can to help support you through the technical issues but please understand our own systems sometimes have issues too!

- If you do not intend to attend or participate in a program, please do not sign up and leave that opportunity for someone else. It is important to recognize the value of program facilitators and their time and how disappointing it can be when we expect more than 50 participants and less than 20 participate. Please sign up only if you will be attending. If you have signed up and are unable to make it please contact the appropriate staff person ASAP.

We appreciate your understanding in following the above practices. We can't wait to jump into a great summer with you and your family and offer a mix of virtual and live programs (especially out door opportunities) very soon!

TENDER CALL

2011 Ford E-450 Medical Transportation Bus

Tender for Purchase will be accepted at the Curve Lake Health Centre Reception
Until 12:00 PM on **JUNE 30th, 2021**

Submit Tender marked 'Medical Transportation Bus Tender' in a sealed envelope to
reception at the Health Centre located at 38 Whiting St. E Curve Lake, ON.

The vehicle may be inspected at the Curve Lake Health Centre during regular business
hours – Monday to Thursday 8:30 am to 4:30 pm and Fridays 8:30 am to 4 pm.
The vehicle is As Is, Where Is.

Successful purchaser will be responsible for removal of all Curve Lake affiliated
badging, logos, etc. from the vehicle. Vehicle must be picked up/removed from property
by **JUNE 30th, 2021** after payment is made to Finance Department. Subject to a
minimum Reserve.

For more information, please contact 705-857-2557



**Diabetes
Wellness
Program**

Nourish Market Quiz & Questionnaire

No matter where you look, the food we consume is getting farther away from nature. Grocery store shelves are filled with processed foods with preservatives and additives that are hard to pronounce.

A great way to access fresh, local produce is to shop right here at home at the Curve Lake Nourish Farmers Market!

Take a moment to fill out this short quiz to be entered into a draw for an amazing Nourish Market Prize Pack!

Deadline to enter is June 23, 2021

**Quiz & Questionnaire can be dropped off at the Health Centre or answers can be emailed to Steve
SteveToms@Curvelake.ca
or called in at
705-657-2557**

Question 1

How do you make sure you are getting fresh fruits & vegetables each day?

Question 2

What are your favourite fresh fruits & vegetables that you would like to see at the market?



YOUTH NIGHT

YOUTH AGED 10-12
FUN | LEARNING |
LAUGHTER

June 3rd - Paint Party
June 17th - Bingo
July 01st - Tye Dye (sweater/pants)

To Sign up, Please contact: Lori or Lionel or Courtney
LoriF@curvelake.ca
LionelG@curvelake.ca
CourtneyT@curvelake.ca (705)927-0344



HBHC BINGO

YOU ARE INVITED TO
BEDTIME BINGO

WEDNESDAY JUNE 23rd, 2021
7:30 p.m

Please join my meeting from your computer, tablet or smartphone.
<https://global.gotomeeting.com/join/489043701>

You can also dial in using your phone.
Canada: +1 (647) 497-9373


HEALTHY BABIES, HEALTHY CHILDREN

PORCH PLANTER



THURS JUNE 3RD

IT'S THAT TIME OF YEAR TO GET YOUR HANDS DIRTY AND GET OUTDOORS!!
POY, FLOWERS AND DIRT WILL BE PROVIDED YOU JUST NEED TO CREATE YOUR PLANTER.
PLEASE CALL (705) 657-2557 OR EMAIL [LISA@J@CURVELAKE.CA](mailto:Lisa@J@CURVELAKE.CA)
TO SIGN UP!! SPACE IS LIMITED.



YOUTH NIGHT

YOUTH AGED 13-17
FUN | LEARNING |
LAUGHTER

June 10th - BINGO
June 24th - TYE DYE (SWEATER/PANTS)
July 08th - TIK TAK TOE GAME (wood/rocks)

To Sign up, Please contact: Lori or Lionel or Courtney
LoriF@curvelake.ca
LionelG@curvelake.ca
CourtneyT@curvelake.ca (705)927-0344

Getsiinyag 55+

Father's Day



JOIN US TO CELEBRATE ALL THE GREAT FATHERS!
IT WILL BE LOTS OF FUN AND GREAT PRIZES TOO!

June 17th at 6:00PM

Please join from your computer,
tablet or smartphone.
<https://global.gotomeeting.com/join/349993325>

You can also dial in using your phone.
Canada: +1 (647) 497-9391

Access Code: 349-993-325

Call Joanne to Sign Up - (705) 657-2557



Getsiinyag 55+

June 29 & 30 at 1:00-4:30

Sewing Machine required!

Join us for a guided tutorial to make a woodland bag!

Please join from your computer, tablet or smartphone.
<https://global.gotomeeting.com/join/241449261>

You can also dial in using your phone.
Canada: +1 (647) 497-9373

Access Code: 241-449-261

CONTACT JOANNE TO SIGN UP AT 705-657-2557, limited spaces available.



GETSIINYAG 55+



Sprout It Up!

Tuesday June 8 At 2:00 pm

LET'S PLANT SOME SEEDS! PLEASE
JOIN US FOR A GUIDED TUTORIAL WITH
SHIELA COOK FROM LIVE IT UP!

Please join my from your computer, tablet or
smartphone.
<https://global.gotomeeting.com/join/979559373>

You can also dial in using your phone.
Canada: +1 (647) 497-9391

Access Code: 979-559-373

HIV/AIDS Information Session

Craft & Learn!

Register by June 14!
Registration prioritized for band members.



Contact Joanne at
705-657-2557 to register! Early
registration required for sizing
Limited spaces available

Make a pair of moccasins while
learning about HIV/AIDS
Sessions will take place in August
\$10.00 registration fee

Men's Group

June, 2021

Please Sign up With Courtney so we can ensure we have enough supplies!

09 Bucket Hat Decorating

16 Washoe Tournament
Details to follow!

23 Make Homemade Pizza
Make homemade pizza together

30 BINGO
Send Courtney your card by June 28, 2021

Summer Is Here!!

Month Full of Fun & Excitement

Sign up (705) 927-0344
CourtneyT@curvelake.ca

Mental Health Outreach Worker

Upcoming Programs

5 week Self Love & Awareness Program

18-25 years

Please Join me virtually every Wednesday starting June 16th 2021 from 1:00-2:00pm.

Topics: self awareness, self love, vision boards, goal setting, gratitude journals etc.
(10 spots available)

One to Ones

Please reach out if you are struggling mentally, physically, spiritually, or emotionally. If you are experiencing any signs of depression, anxiety, or just not feeling like yourself, we can work together to come up with a plan. Do you need a little help keeping motivated or coming up with a plan to reach? Do you need help with making goals, call-out-cards, self-love, addictions, court stuff, anger etc.?

We are all in this together! Everyone has struggled at least one time in their life. You are not alone. Please reach out! Able to meet on or off site.

Contact Courtney
(705) 927-0344, (705) 657-2557 ext. 405 or
Email: CourtneyT@curvelake.ca

Made with PosterMyWall.com

Women's Wellness Group

June Calendar

June 1st: If you signed up for the previous paddle painting, you will receive your paddle this week. If you did not sign up previously, we will add you to our wait list

June 8th: DIY shadow boxes. Please send Maximum three photos to Bailey before 12PM June 7th

June 15th: DIY Cedar felt hearts. You will need some scissors and your sewing kits

June 22nd: BINGO

Please send your completed bingo card to Bailey Taylor no later than June 22nd at 2PM. (In order to play bingo, please ensure you are playing your card only. If you have a bingo, please turn on your camera so we can see who has the bingo. All Bingo cards must be sent to Bailey before 2PM on June 22nd or you cannot claim your prize if you win)

June 29th: DIY wooden Summer Signs. You will need your paint and paint brushes

To sign up please contact
Bailey Taylor. Sign up
deadline for the month is
June 7th

Bailey Taylor
clfn nnadap worker
BaileyT@curvelake.ca
705-957-4413
705-657-2557 x 247
FB: clfn nnadap

Made with PosterMyWall.com

FREE NALAXONE KITS

Contact CLFN NNADAP worker today for your free kit

5 Facts about Naloxone

- Naloxone (pronounced na-LOX-own) is a fast-acting drug used to temporarily reverse the effects of an opioid overdose
- Naloxone can restore breathing within 2 to 5 minutes
- Can be easily and safely administered by anyone with proper training
- Naloxone is safe for all ages. It works only if you have opioids in your system. It is safe to keep on-hand because it cannot be improperly used and does not create dependence.
- Kits expire and should be replaced after 18 to 24 months

Training on how to use the naloxone kit will be given to each individual

Bailey Taylor
BaileyT@Curvelake.ca
705-957-4413
705-657-2557 x 427
FB - clfn nnadap

Made with PosterMyWall.com

HEY CURVE LAKE

WATER BOTTLE



PIN



one per person
*while supplies
last

SHOW US PROOF
THAT YOU RECEIVED YOUR SECOND DOSE OF VACCINE
AND WE WILL GIVE YOU A WATER BOTTLE AND PIN

Available at the health centre for Pick up
Alternatively, we can mail a pin to your home address if you are not able to arrange
pick up
Contact 705-657-2557 for more info

TOP 10 TICK HIDING SPOTS ON YOUR BODY

Tick checks are one of the ways you can prevent Lyme disease and other infections spread by ticks. Check your entire body, especially:



WHAT TO LOOK FOR?

Feel for bumps and look for tiny dark spots. Look carefully, most ticks are very small!



Found a tick?
Remove it immediately to reduce the risk of infection.
Canada.ca/LymeDisease

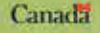


Photo: Jill Bishop welcoming customers to the Thursday Nourish Farmers Market

Curve Lake Market

Now running WEEKLY from 10AM-2PM
or while supplies last

Location: 1024 Mississauga Street
(Small Business Centre parking lot)

We accept Nourish Market Dollars & Cash

Please follow the safety guidelines:

- Stay 6 feet apart
- Only two visitors at a time
- Masks are required

(Sorry no phone or internet orders)



Zhooniyaawigamig

Finance

Finance staff as well as Gaming Revenue Staff (GRF) staff have been able to complete regular duties including A/P, A/R, Payroll, CRA remittances, and Bank reconciliations. Staff continue to actively monitor and track COVID specific funding and expenditures. From March to May 25/21, the Per Capita Distribution (PCD) working group has had 24 Zoom meetings with eligible recipients and have issued cheques to the eligible recipients. Staff have been working on the clean-up of year end, making final adjustments, boxing up previous fiscal year files, uploading new budgets, and organizing new files. Finance staff also assisted with the quarterly community meeting held in April. Work with outside organizations/agencies in ensuring all funds are being deposited to the Bank of Montreal is ongoing.

GRF staff is tele-working but is available for assistance for any GRF applications. There were regular GRF meetings in March and April, the GRF Coordinator prepared the agenda, minutes, extra information as needed as well as welcomed a new member to the committee. There were 3 new applications that were reviewed and an approval letter was sent out to the Acting Chief Operating Officer for the CLFN Organizational application. Assisted the Housing department to research client eligibility for the Emergency Repair Fund by reviewing past files. The training and setup for the attendance management software is ongoing.

Information Technology (IT) staff is monitoring and assisting staff with the implementation of the 33 ZOOM memberships and with the addition of GoToMeeting memberships. IT was able to assist staff with the ZOOM set-up for the quarterly meeting in April. IT continues to purchase and update technology for students and staff from the various departments; including the purchase of 19 tablets for the Getsinyag program, and setup and installation of 4 Meeting Owl Pros, which is a 360 microphone and webcam device that was put in each classroom at Curve Lake School to allow the students online to hear and engage with students who are physically in class. IT has been working with individuals cleaning laptops of viruses and costing out new technology as needed. With 5 new hires within the past two months, IT has to

ensure that contact information and technology (if applicable) is set up for each individual. IT support has been in contact with Castlecom to replace faulty telephone wires and equipment within the Government Services Building. Assisted Jonathan from Peterborough Health Unit to get the COVAX network up and running and ready at Community Centre for Covid Vaccination Clinics. Assisted Brandon Jacobs with the Letter of Support for Bell for their application to the Universal Broadband Fund to provide internet speeds of a minimum of 50 MB which includes the eligible portion of Curve Lake from Rollie's Bay Rd back past Rod Knott's.

The Finance Committee met in March and received an update from our Senior Investment Counsellor regarding the investments with BMO; investments have been showing a positive return; it was requested that the Investment Counsellor add a narrative to his presentation so that it can be shared with community. Nicholas McDonald researched what policies were needed in order to move forward with the First Nations Financial Management Board (FMB) certification; policies needed will have to worked on later in the summer as Nicholas will be on leave. There was a special budget meeting in March, where the budgets were presented to both Chief and Council and the Finance Committee, there was some clarification needed, but all questions were answered, and the 2021/22 budgets were approved. The April meeting included the acceptance of the March 2021 meeting minutes, further discussion of the risk assessment tool is to be tabled until the next meeting. The management letter was sent to the committee members and reviewed; the Acting Finance Manager is to develop a work plan to assist in improving efficiencies in the department. The trust development for the Williams Treaty funds is still on-going. The A/Finance Manager has reached out to Scotiabank to inquiry about the yearly valuation letters that were not sent out to the youth for 2020; still waiting for an answer.